

# ENDEAVOR

## Wrist Thumb Splint

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

### INDICATIONS

The ENDEAVOR wrist thumb splint provides stability and support for carpal tunnel syndrome, tendinitis, and mild sprains of the wrist. Effective in the healing of soft tissue injuries.

### CAUTION

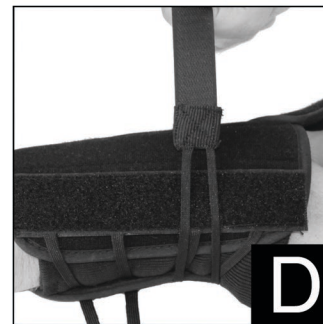
The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients to attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/ duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

### PREPARATION

1. Unfasten all closure straps and loosen the quick-lace mechanism. For sizing, detach the Velcro strip holding the laces and move to open/ close the circumference of the wrist splint. (Fig. A)

### APPLICATION

1. Slide hand into the support similar to putting on a glove (Fig. B). The thumb spica strap should be closest to the thumb, and the metal stay located inside the support can be bent to contour the hand/wrist area (optional).
2. Wrap the thumb spica strap in between the thumb and forefinger, and attach to the Velcro strip on the bottom of the support, just under the palm for thumb immobilization (Fig. C).
3. Starting with the strap furthest from the wrist, pull the quick-lace strap tight, wrap around the arm, and secure to the Velcro provided (Fig. D).
4. Wrap the second quick-lace strap tight around the arm and secure, as was done in step 3 (Fig. E). The support should fit snug, and little wrist movement should be possible at this point. Tighten and re-adjust as needed.



### CLEANING INSTRUCTIONS

Hand wash in cold water with mild detergent. Allow all parts to air dry before re-assembly. Do not dry clean, iron, or bleach any part of this brace, as it could cause damage and void the manufacturer's warranty.

**NOTICE:** While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.

Comfortland Medical, Inc.  
709 AO Smith Rd.  
Mebane, NC 27302  
T 866.277.3135 | F 866.277.4412  
www.comfortlandmed.com